



# January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Lunch include a meat or meat alternative Entrée, choice of 1% white milk or non-fat chocolate milk, a whole grain bread or a grain item and unlimited fruit and vegetables. Menu subject to change.	<b>1. NO SCHOOL</b>  Happy New Year	<b>2. NO SCHOOL</b>  <b>Lunch Prices</b> \$3.00 Per lunch \$60 for 20 lunches Milk .40 each	<b>3. Main Entrée:</b> Spaghetti & Breadsticks Salad Bar:	<b>4. Main Entrée:</b> Pepperoni Pizza Salad Bar:
<b>7. Main Entrée:</b> Mac and Cheese & Green Beans Salad Bar:	<b>8. Main Entrée:</b> Cheeseburger & Potato Wedges Salad Bar:	<b>9. Main Entrée:</b> Chili & Cinnamon Rolls Salad Bar:	<b>10. Main Entrée:</b> Chicken Sandwich & Fries Salad Bar:	<b>11. Main Entrée:</b> Cheese Pizza Salad Bar:
<b>14. Main Entrée:</b> Chicken Nuggets & Roll Salad Bar:	<b>15. Main Entrée:</b> Grilled Cheese Sandwich & Tomato Soup Salad Bar:	<b>16. Main Entrée:</b> Corn Dog & Potato Wedges Salad Bar:	<b>17. Main Entrée:</b> BBQ Pork Sandwich & Corn Salad Bar:	<b>18. Main Entrée:</b> Pepperoni Pizza Salad Bar:
<b>21. NO SCHOOL</b> Martin Luther King Day  	<b>22. Main Entrée:</b> Nachos Salad Bar:	<b>23. Main Entrée:</b> Turkey and Cheese Sandwiches & Chicken Noodle Soup Salad Bar:	<b>24. Main Entrée:</b> Lasagna & Garlic Bread Salad Bar:	<b>25. Main Entrée:</b> Cheese Pizza Salad Bar:
<b>28. Main Entrée:</b> Sweet and Sour Chicken & Rice Salad Bar:	<b>29. Main Entrée:</b> Hot Dog & Mixed Vegetables Salad Bar:	<b>30. Main Entrée:</b> Meatball Subs & Fries Salad Bar:	<b>31. Main Entrée:</b> Bean and Cheese Burrito Salad Bar:	We are an <b>Offer Versus Serve</b> program. "Offer vs. Serve" means that you are always offered a full lunch, but if you don't want it all you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least a ½ of cup of fruit or vegetables.